

USJF Teachers Institute

sponsored

Coach Certification Course

<p>Date: Saturday/Sunday, August 13, 14, 2011</p> <p>Location: Migoto Judo Dojo 2517 Windward Way Chula Vista, CA 91914</p> <p>Eligibly:</p> <ul style="list-style-type: none">• Open to all Sensei's, Instructors, coaches and members of one of the following; USJF, USA Judo, USJA and California Judo Inc.• Course is LIMITED to 15 people• Please check: www.usjfteachers.com/Upcoming Scheduled Clinics for space availability.• Pre-registration: You need to pre-register. The Coaches manual will be mailed to you. You will be required to take the online test section. <p>Clinic Fee: \$60 per person</p> <ul style="list-style-type: none">• Please make checks payable to: USJF <p>Registration: Space is limited: Pre-registration is necessary. Upon registration the course manual will be sent to you. We will accept mail in registrations up to 08/05/2011 or until 15 students max is reached. Please check www.ujsfcoach.com/ for space availability.</p>	<p>Clinician: Hayward Nishioka Project Manager: Roland Fernando (619)470-7100</p> <p>Clinic Tentative Schedule:</p> <p>Saturday, August 13, 2011 9:00 am – 12:00 pm: Classroom Presentation – What is Coaching? Mapping Out a Strategy 12:00 pm – 1:00 pm: Lunch 1:15 pm – 5:00 pm: On the Mat: Advance Judo Tactics, A Family of Techniques</p> <p>Sunday, August 14, 2011 9:00 am – 12:00 pm: Classroom Presentation – Communicating with your Competitor, Cardiovascular Preparedness 12:00 pm – 1:00 pm: Lunch 1:15 pm – 5:00 pm: Resistance Training, Weight Management for Judo, Smoothing over the Bumps and Bruises, Risk Management</p>
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Upon successful completion of the Certification course, the USJF National Office will be directed to issue you the certificate.

USJF Coach Certification

The USJF has approved this National certificated program as a means to develop the coaching effectiveness of the grassroots instructor up through to the Olympic/World level coach.

Training for Competition, Judo Coaching Strategy and the Science for Success by Professor Hayward Nishioka, is a comprehensive educational program designed to prepare individuals for success coaching. Hayward Nishioka, Professor of Physical Education from Los Angeles City College, has combined his academic background with many years of experience as a coach, administrator, official, athlete and parent to create this unique guide.

The National Judo Coach Certification Program will cover:

What is Coaching?	Communicating with your Competitor
Mapping Out a Strategy	Cardiovascular Preparedness
Advance Judo Tactics	Resistance Training
A Family of Techniques	Weight Management for Judo
Video Scouting for Judo	Smoothing over the Bumps and Bruises
	Risk Management

We know the importance of judo information in an ever changing environment and applaud your efforts to accommodate our future judoka.

The course is LIMITED to 15 people. Upon registration, the USJF Coach Manual will be mailed directly to you. Please read and be prepared to discuss each chapter in length. The course does involve an online examination.

Please visit our website: www.usjfcoach.com for more information.

